

Troop 1333 Personal Backpacking Equipment for March Backpacking Campout 2007

BackPack

- Backpack with padded hip strap: Either a good quality internal or external frame pack with hip strap may be used.
- Pack cover--waterproof nylon (recommended)
- Plastic bags--6-12 assorted sizes to pack clothes
 - These need to be storage-type ziplock bags. Everything in the pack is packed in ziplocks, to keep clothes and other items dry.

Sleeping

- Sleeping bag in stuff sack lined with plastic bag (a synthetic 20 degree bag is recommended)
- Straps to hold sleeping bag & foam pad on pack
- Foam sleeping pad: An inexpensive closed-cell foam pad 20-inches wide will do just fine. This goes under your sleeping bag to insulate you from the cold ground.

Clothing

- Hiking boots--well broken in
- Lightweight sneakers or tennis shoes
- Sleep clothes--worn only in sleeping bag (T-shirt and gym shorts)
- 2 pair heavy wool socks (bring an extra pair in case they get wet)
- liner inner socks (polypro or silk) 1 pair for each day hiking
- 1 change underwear
- 1 hiking shorts
- 1 long sleeve shirt (wool or flannel)
- 1 long pants, light cotton
- 1 short sleeve shirt (not nylon)
- 1 sweater or light jacket (fleece is good)
- 1 hat or cap--flexible, with brim
- 1 sturdy rainsuit (A)



Eating (Scout Mess kit Works Well)

- deep bowl
- cup (measuring style)
- spoon
- 2 or 3 one qt. water bottles (A)

Personal and Miscellaneous

- Basic first aid kit: moleskin, molefoam, cloth band-aids, alcohol prep pad, hand sanitizer cloth, nebulizer or other special medications
- small pocketknife (A)
- matches or lighter in waterproof container (A)
- flashlight (small with new batteries) or headlamp
- compass (A)
- whistle
- money
- lip balm (A)
- soap, biodegradable preferred
- toothbrush/toothpaste
- small towel
- sunscreen at least 15 SPF (S)
- insect repellent--not aerosol (s)
- toilet paper



Optional

- Camera and film
- Sunglasses
- watch
- note pad and pen
- Water purification system; tablets, filter system, UV filter

Code

- (S)--Share with buddy
- (A)--Easily accessible in pack or carried on person

Glass and Aerosol Containers

No glass containers or aerosol cans should be carried on the trail. Glass breaks easily and aerosol cans are bulky and may spew forth in packs.

Gear Supplied by Troop 1333

- Tent with poles (one per two Scouts), weight about 7 pounds, Waterproof ground cloth, 1 per tent
- Tent/pack/gear repair kit including: Duct tape, safety pins, twist ties
- Food - light weight dehydrated
- Stoves - lightweight backpacking (one per two Scouts)
- Large first aid kit (with adults), including aquaphor for rash or chafing